

APRIL 2011 MENU

Douglas County Senior Center

PLEASE REMEMBER NOT TO TAKE HOME ANY OF YOUR LEFT OVERS EXCEPT
A PIECE OF BREAD, WHOLE FRUIT OR NON PERISHABLE DESSERT.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Turkey Veg. Crescent Pie Corn Bread w/ Honey Cucumber Salad Cranberry Sauce Spice Cake
4 #142 Sloppy Joe With Bun Onion Roasted Potatoes Baby Carrots Celery Sticks Yogurt Dip Baked Bananas	5 BBQ Beef Fajita Wraps Coleslaw Ranch Style Beans Frosted Apricot Gelatin Dessert	6 Pork Egg Roll Fried Rice Sweet & Sour Sauce Marinated Vegetable Salad Fruit Cup/ Fortune Cookie	7 Stuffed Bell Peppers Spaghetti Salad County Blend Veggies Roasted Garlic Bread Vanilla pudding	8 #28 Tahitian Chicken Rice Casserole Braised Red Cabbage 7grain Bread w/ Margarine Tangerine
11 Tomato Soup Tuna Salad Sandwich on Wheat, Lettuce, Tomato Fresh Orange Blueberry Muffin	12 #76 Shish Kebab Brown Rice Pilaf Colorful Salad w/ Creamy Italian Dressing, WW Bread, Strawberries	13 <u>BIRTHDAY DAY</u> Roasted Turkey Fruit Salad Mashed Potato & Gravy Carrots Au Gratin Roll, Cranberry Sauce Cake & Ice Cream	14 #139 Italian beef Bake Spinach Salad Peas & Carrots Apple/Cranberry Juice Frozen Vanilla Yogurt with Strawberries	15 Chili in Tortilla Bowl Shredded Lettuce Cup w/ Tomatoes, Cheese and Sour Cream Fruit Cup Frosted brownie
18 Turkey Melt(Avocado, Tomato, Red Onion, Jack Cheese on Whole Wheat Bun) Onion Rings Spinach Salad w/Honey Mustard Dressing White Choc Cherry Cookies	19 BBQ Ribs French Fries Coleslaw Green Beans Orange Sherbet	20 #92 Roma Burger Romaine Lettuce Corn on the Cob Baked Beans Cantaloupe	21 Polish Sausage Kraut Dog Red Potato Salad Diced Pears Strawberry Rhubarb Pie	22 <u>EASTER CELEBRATION</u> Baked Ham Mashed Potatoes/Gravy Pineapple Coleslaw Squash Casserole, Roll Carrot Cake
25 #138 Apple Topped Pork Chop Baked Sweet Potato Lettuce & Tomato Salad w/ French Dressing Rice Krispy Treat	26 Meatloaf Beets & Onion Salad Mashed Potato & Gravy Green Beans Apricots & Cookie	27 Chili Relleno Casserole Honey Lime Salad Refried Beans Spanish Rice Banana Cake	28 #136 Chicken Pasta Herbed Veggie Medley Chopped Fresh Spinach With honey Dressing Garlic Bread Spiced Applesauce	29 Chef Salad(Lettuce, Tomato, Turkey, Ham, Cheese,) Hard Boiled Egg Dinner Roll Fresh Pineapple